Appl. No. 10/089,351 Atty. Docket No.8278 Amdt. Dated January 21, 2005 Reply to Office Action of October 29, 2004 Customer No. 27752

AMENDMENTS TO THE SPECIFICATION

Please amend the specification as follows:

Please replace the paragraph beginning at page 39, lines 10-13, with the following amended paragraph:

"In another embodiment, Figures 44 and 45, of aheating a heating element may include the use of aqueous salt solution(s) supercooled so that the heat packs can be carried in the supercooled condition and activated with internal release of heat when desired. Sodium acetate, sodium thiosulfate and calcium nitrate tetrahydrate are examples of suitable salts."